

Sports Management Internship

Thailand, Ban Nong Kung

Quick Overview

During this internship the intern will be closely involved with the organization of a daily sport program at local schools in Ban Nong Kungi, Thailand. During this program, sport is utilized to create opportunities for children to develop socially, physically, mentally and academically through a wide variety of sports. The intern will be organizing and leading sport sessions, coach and supervise the volunteer coaching team, assist with further developing the sports curriculum (introduce new sports) and work on marketing and the online presence of the sports program.

Program Description

De Kracht van Sport is working together with the volunt2thai organization in organizing valuable sports coaching and healthcare sessions for children in Thailand. At these schools we run a Multi-Sports Coaching project that adds an essential element to the current sports and health curriculum for these children. This program gives the children the opportunity to be more involved with sports as there is currently just one hour a week in the existing curriculum, and to introduce new sports to the children that they would otherwise not likely to get involved in.

During the sports sessions, our goal is to give the children more than just sports training. We use direct sports coaching to improve the health of the children, their stamina, emotional well-being and to develop their life skills; teamwork, leadership, decision making and communication. Furthermore, we also give the children health lessons on personal health care and other important issues such as gender equality. All elements of the program take place on the sports field in a fun and interactive way. Using sports can aid the personal development of any child as it promotes the social interaction, knowledge and passion which are all life skills that lead to the pathway of success. Physical exercise is also an important element of a healthy lifestyle.

The Sports Management Internship takes place as part of this program. Together with the local team the intern will be responsible for; developing, organizing, structuralizing, supervising and executing the Multi-Sports Coaching Project. Below is a list of the tasks that the intern will be involved in during this internship.

- Team management
- Training and instructing the sport coaching team
- Safeguard and bring forward the philosophy behind the program (healthcare & development)
- Sports sessions
- Organizational management.
- Sports curriculum development
- Introducing new sports
- Social Media (facebook etc)
- Fundraising

- Marketing (local and global awareness of the program, generate promotional materials such as photos etc)

Aims & Objectives

During the program, sport is utilized to create opportunities for children to develop socially, physically, mentally and academically. With team sports such as soccer, volleyball, rugby and basketball, the children will gain valuable team building skills and a sense of discipline that will be of great assistance throughout their lives. Using sport can aid the personal development of any child as it promotes the social interaction, knowledge and passion which are all life skills that lead to the pathway of success. The program also aims to promote a healthy lifestyle through physical exercise.

The aims and objectives for the intern are; to be involved with all aspects of a meaningful social sports program and to gain valuable work experience through a lot of responsibility and a big variety in work tasks. Furthermore, we expect that the intern during the internship further improves the sports program.

Schedule

The schedule of the sports program largely depends on the lesson schedule of the partner school. During the daily school schedule the participants will prepare and carry out 1 or 2 training sessions. Every day at around 15:30 in the afternoon, we provide an extra 2 hour after-school training session for the children to further explore, become enthused by and benefit from the variety of sports that we offer.

Breakfast and Dinner will be served at the accommodation and Lunch is provided at the program location. Please look for a typical weekly schedule below. The intern is responsible to organize, supervise and execute the sports program at the schools. Besides the activities written below, the intern is expected to manage the online social media regarding this program, obtain promotional material for marketing purposes (photos etc), organize fundraising activities and further develop the sports curriculum.

Monday

After breakfast the intern and the sport coaching team will go to the project site (school) On the monday morning the intern will give a short introduction to the sports coaching team onsite. Here the intern will give instructions regarding the sports curriculum and the sports and health lesson plan will be discussed. During this time you will have the chance to get acquainted with the other (new) participants.

After this introduction the participants will start by preparing and executing the Multi-Sports Coaching Project sessions.

Tuesday to Friday

After breakfast the intern will leave with the sports coaching team for the project location. During the daily school schedule the team will prepare and execute 1 or 2 training sessions. Every day at around 15:30 hour in the afternoon, we provide an extra 2 hour after-school training session for the children. The intern is responsible for organizing and supervising the training sessions.

Weekends

During the Saturday morning there is a short team meeting, for the rest the weekends are always free; relax at the Eco-House accommodation, take a local taxi into town, expand your sightseeing and visit the many more sites in the central provinces or take a bus to Bangkok city for the weekend. Friendly staff are always there to make your choice easier with advice.

Program participant criteria

A high level of interest in sports, organizational skills and a positive attitude.

Requirements

Participation in this program is for a minimum of 8 weeks of which the first week is the introduction week (Siam Culture). The Siam Culture week will get you accustomed with the local Thai culture and customs and gives you the opportunity to settle into your new environment before starting with the Sports Program.

Additional equipment

- Sun protection
- Towels
- Sports clothing
- Sport shoes